

LOSAIL RIDING EXPERIENCE

7:45 REGISTRATION PIT GARAGE 1

8:00 SCRUTINEERING PIT GARAGE 11 - 12 -13 - 14 -15

ADVANCED GROUP

BEGINNERS GROUP

TIME	ACTIVITY	TIME	ACTIVITY
8:30 - 9:15	BRIEFING / THEORETICAL CLASS 1	8:30 - 9:15	BRIEFING / THEORETICAL CLASS 1
9:30 - 10:00	PRACTICE 1	9:30 - 10:00	THEORETICAL POSITION ON THE BIKE
10:00 - 10:30	THEORETICAL CLASS 2	10:00 - 10:30	PRACTICE 1
10:30 - 11:00	PRACTICE 2	10:30 - 11:00	THEORETICAL CLASS 2
11:00 - 11:30	THEORETICAL CLASS 3 / VIDEO	11:00 - 11:30	PRACTICE 2
11:30 - 13:00	PRAYER TIME / LUNCH BREAK	11:30 - 13:00	PRAYER TIME / LUNCH BREAK
13:00 - 13:30	PRACTICE 3	13:00 - 13:30	THEORETICAL CLASS 3 / VIDEO
13:30 - 14:00	THEORETICAL CLASS 4	13:30 - 14:00	PRACTICE 3
14:00 - 14:30	PRACTICE 4	14:00 - 14:30	THEORETICAL CLASS 4
14:30 - 15:00	THEORETICAL CLASS 5 / VIDEO	14:30 - 15:00	PRACTICE 4
15:00 - 15:30	PRACTICE 5	15:00 - 15:30	THEORETICAL CLASS 5 / VIDEO
15:30 - 16:00	THEORETICAL CLASS 6 / PASSENGER	15:30 - 16:00	PRACTICE 5
16:00 - 16:30	FREE PRACTICE	16:00 - 16:30	THEORETICAL CLASS 6 / PASSENGER
		16:30 - 17:00	FREE PRACTICE

17:00 CERTIFICATED CEREMONY